

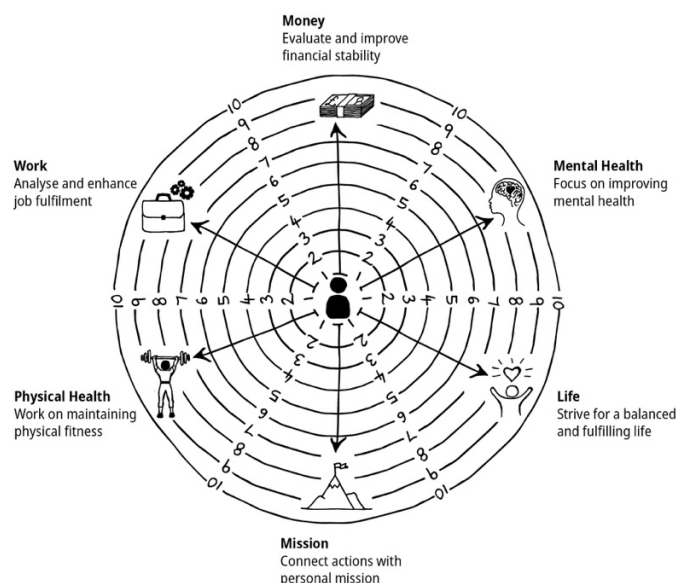
The Calibration Model[©]

Begin here. This is your foundational alignment tool.

The Calibration Model brings together the six life segments of Money, Mission, Mental, Physical, Work and Life and overlays them with the three Calibration Tools of Emotional Intelligence, Skilled Communication and The Resilience Advantage.

This model helps you:

- Map where you are now.
- Define where you want to be.
- Identify what needs to shift for sustainable progress.



There Are Three Key Applications:

1. **Long-Term Model Of Success:** Set your direction by mapping what success looks like across each life segment over the next 3-5 years. Use this to visualise your North Star, clarify priorities and create meaningful goals.
2. **Current Snapshot:** Rate your current state across each segment using the 0-10 scale provided. This gives you a quick insight into where attention is needed right now.
3. **Overlay The Two Models:** Your vision and your present, to highlight gaps, patterns, and opportunities for recalibration.

This process can take as little as 15 minutes or be explored more fully using the accompanying calibration tools. The point isn't perfection; it's the creation of clear and meaningful focus.

Recommended Revisit: Every 3-6 months, or during times of change or decision-making.

Use the visual templates to complete both your Long-Term Model of Success and Current Snapshot, then overlay them to guide your recalibration.

Calibration Model Tools

